



To register, visit www.etches.com/medaconference2014

19th National MEDA Conference May 1-3, 2014

Sheraton Needham Hotel
100 Cabot Street
Needham, MA 02494

To make your reservation online click the link below or call 1-800-325-3535 and use the group code MEDA.
<https://www.starwoodmeeting.com/Book/MEDA>
Reservations must be made by April 10, 2014 for this rate to apply.

Premiere Sponsors:



Lead Sponsors:



About MEDA

MEDA's mission is to prevent the continuing spread of eating disorders through educational awareness and early detection. MEDA serves as a support network and resource for clients, loved ones, clinicians, educators and the general public.

MEDA does not necessarily endorse the materials and information that will be disclosed in the workshops or the information available at exhibit booths or the take one table.

Objectives

At the end of the MEDA Conference, participants will:

- Learn concrete skills that can be translated into outpatient and inpatient settings.
- Understand in greater depth the medical, psychological and behavioral toll eating disorders have on clients and families across age, gender and ethnicity.
- Manage care of eating disorder clients through unique and creative treatment modalities.
- Learn how to provide better, and more appropriate care, through managing personal stress and gaining a greater understanding of personal biases.

2014 Speakers

Caroline Balz, LMHC
Chase Bannister, MDiv, LCSW, CEDS
Bethany Block, MD
Stacey Brown, RN
Ralph Carson, Ph.D., RD
Carolyn Costin, M.Ed., MFT
Stephanie Diamond, Ph.D.
Lisa DuBreuil, LICSW
Judith Feldman, MD
Jennifer Gaudiani, MD, CEDS
James Gerber, Ph.D.
Cris Haltom, Ph.D., CEDS
Johanna Kandel, BA
Lisa Kantor, JD
Craig Johnson, Ph.D.
Karin Lawson, Psy.D.
Jennifer Lombardi, MFT
Deborah Marton, Psy.D.
Wendy Oliver-Pyatt, MD, FAED, CEDS
Melissa Orshan-Spann, Ph.D.
Jon Robison, MS, Ph.D.
Rachel Rood, MS, RD, CD
Nicole Siegfried, Ph.D., CEDS
Jennifer Tolman, Ph.D.
Kevin Wandler, MD, CEDS, ABAM
Anne Welsh, Ph.D.

Refunds

Refund requests received before April 11, 2014 will be processed less a \$25.00 administrative fee. Refunds will not be issued on/after April 11, 2014.

For further information about the Conference please visit: www.etches.com/medaconference2014

AGENDA

Thursday, May 1, 2014

12:30-1:00PM	Registration
1:00-4:00PM	Intensive Training

Friday, May 2, 2014

8:00-8:30AM	Registration
8:30-9:00AM	Welcome
9:00-10:45AM	General Session I
10:45-11:00AM	Break
11:00AM-12:30PM	Breakouts 1
12:30-1:30PM	Lunch
1:30-3:00PM	Breakouts 2
3:00-3:15PM	Break
3:15-4:45PM	Breakouts 3
4:45-5:00PM	CEU Distribution
5:30PM	Reception

Saturday, May 3, 2014

8:00-8:30AM	Registration
8:30-9:00AM	Opening Remarks
9:00-10:15AM	Keynote Address
10:15-10:30AM	Break
10:30-11:45AM	General Session II
11:45AM-12:45PM	Lunch
12:45-2:00PM	General Session III
2:00-2:15PM	Break
2:15-3:30PM	General Session IV
3:30-3:45PM	Break
3:45-5:00PM	Endnote
5:00PM	CEU Distribution

Registration

REGISTRATION ALSO AVAILABLE ONLINE at www.etches.com/medaconference2014

Thursday, May 1- Clinical Intensive 3 CEUS available	OPTIONAL
“The Medical Complications of Severe Restricting and Purging: Best Practices for Diagnosis, Treatment, and Utilization of Medical Knowledge to Motivate the Client.” Dr. Jennifer Guadiani, MD, CEDS Assistant Medical Director, ACUTE	Separate registration required

FRIDAY, May 2nd—General Session I 6.25 CEUS available	ALL ATTENDEES
---	----------------------

FRIDAY—Breakout 1 1.A. 1.B. 1.C.	1st Choice: _____ 2nd Choice: _____
--	--

FRIDAY—Breakout 2 2.A. 2.B. 2.C.	1st Choice: _____ 2nd Choice: _____
--	--

FRIDAY—Breakout 3 3.A. 3.B. 3.C.	1st Choice: _____ 2nd Choice: _____
--	--

SATURDAY SESSION 6.25 CEUS available	ALL ATTENDEES
--	----------------------

SATURDAY—KEYNOTE	ALL ATTENDEES
-------------------------	----------------------

SATURDAY—General Session I	ALL ATTENDEES
-----------------------------------	----------------------

SATURDAY—General Session II	ALL ATTENDEES
------------------------------------	----------------------

SATURDAY—General Session III	ALL ATTENDEES
-------------------------------------	----------------------

SATURDAY—ENDNOTE	ALL ATTENDEES
-------------------------	----------------------

Registration Received:		General	Discount+	Student (w/ ID)
Thursday, May 1st (Additional Cost)	Clinical Intensive (May 1st)	\$100	\$85	N/A
by March 31st	Friday OR Saturday ONLY	\$230	\$210	\$95
	Friday AND Saturday	\$430	\$380	\$185
by April 30th	Friday OR Saturday ONLY	\$280	\$260	\$125
	Friday and Saturday	\$480	\$430	\$215
At the Door	Friday OR Saturday ONLY	\$300	N/A	N/A
	Friday and Saturday	\$500	N/A	N/A

**CEUs—Please note the additional \$10 cost for CE Credit:
FYI: Nurses and Psychologists must register and attend both days in order to receive CE Credit.**

LICSW (\$10) RD (\$10)
 LMHC (\$10) RN (\$10)
 MD (\$10) Ph.D./Psy.D. (\$10)

+Discount applies to current MEDA Professional Members and faculty whose school has contracted with MEDA for educational presentations or trainings during the 2013-2012 academic year. Must be postmarked by April 20, 2014.
*A total of 15.5 CEU credits will be offered for full attendance of 3 days
*Participants are required to sign in at the end of each presentation

GROUP RATES AVAILABLE
For more information please call: 617-558-1881 x21.

Name (as you would like it to appear on your nametag, including credentials, organization, school, etc.): _____			
Address: _____		City: _____	
		State: _____	
		Zip: _____	
Work Phone: _____		Home Phone: _____	
E-Mail Address (for confirmation purposes): _____			
Please list any dietary restrictions: _____			
Amount: \$ _____		Payment Method: <input type="checkbox"/> Check <input type="checkbox"/> VISA <input type="checkbox"/> MasterCard	
<i>Below is my credit card information authorizing payment to be charged to my account.</i>			
Card Number: _____		Expiration Date: ____/____ CVV: _____	
Address: _____		City: _____	
		State: _____	
		Zip: _____	

Thursday Clinical Intensive

The Medical Complications of Severe Restricting and Purging: Best Practices for Diagnosis, Treatment, and Utilization of Medical Knowledge to Motivate the Client

Presenter: *Jennifer Gaudiani, MD, CEDS*

In this half-day pre-conference workshop, Dr. Gaudiani will use case presentations, medical literature, and best clinical practices that have emerged from ACUTE's five years of experience treating the most medically compromised patients in the country, to teach advanced clinicians in eating disorders (physicians from all specialties, allied health care professionals, nurses, dietitians, therapists, and anyone with a clinical background) about essential medical diagnoses that affect our patients who severely restrict and/or purge. Topics will include refeeding syndrome, gastroparesis, constipation, other GI diagnoses, osteoporosis, bone marrow failure, liver failure, hypoglycemia, cardiac and other vital sign abnormalities, and rare presentations of the truly critically ill patient with anorexia nervosa. She will also focus on how to translate these medical sequelae to patients and their families at the bedside, demonstrating objective evidence of body suffering to overcome the syndrome of "I'm fine" and help motivate recovery.

Friday Workshops

Binge Eating Disorder: The Battle, The Bias and the Hope for Better Treatment

9:00-10:15AM

Presenters: *Chase Bannister, MDiv, LCSW, CEDS; Lisa DuBreuil, LCSW; Jon Robison, Ph.D., MS*

The field of eating disorders progressed in 2014 with the inclusion of Binge Eating Disorder as a diagnosis in the DSM 5. With this progression, those who suffer from and treat BED will receive better access to quality treatment options and vital information. Despite these changes, questions concerning etiology, identification, and treatment remain unanswered. Many people recovering or in recovery are living in bodies that do not conform to current cultural ideals- and the accompanying shame can chip away at the most basic elements of a balanced life. For providers, stigma plays a role in the treatment process. In this presentation, participants will engage in a conversation about bias and will explore this topic from philosophical and scientific perspectives.

1.A. Implementation of Intuitive Eating Practices in the Treatment of Eating Disorders

11:00AM-12:30PM

Presenter: *Rachel Rood, MS, RD, CD*

This workshop will review how to apply principles of Intuitive Eating in the treatment of Eating Disorders. Specific challenges/barriers to Intuitive Eating in the Eating Disordered population will be discussed. Using case studies, this presentation will offer practical ideas and solutions to help clients overcome these challenges and barriers and move towards Intuitive Eating on an individualized basis. Participant involvement will be highly encouraged through small group work and discussion. Transitioning clients between levels of care while continuing the development of Intuitive Eating will also be presented.

1.B. The Puzzle of Why: Helping Patients and Families Connect Causes, Treatment and the Recovery Process

11:00AM-12:30PM

Presenter: *Jennifer Lombardi, MFT*

In the presentation, "The Puzzle of Why," Jennifer Lombardi, MFT, presents practical strategies for working with families of individuals seeking treatment for an eating disorder. Lombardi addresses the innate challenges of family work, including family and therapist burn out, adult and adolescent patient fears, and the question, "What do patients want from therapy?" using recent research. The presentation outlines the five pieces of "the puzzle of why," illustrating why patients develop and maintain an eating disorder, including biology, temperament, relationship dynamics, trauma/loss and culture. Lombardi presents experiential exercises, strategies for treatment planning, description of treatment levels of care, and case study examples.

1.C. Health for Every Body: Making Peace with Our Bodies & Our Food

11:00AM-12:30PM

Presenter: *Jon Robison, Ph.D., MS*

Governments and health organizations around the world have declared "war" on the epidemic of obesity. Acceptable body weight standards have been repeatedly lowered so that 2/3 of the American population is now considered to be overweight and in need of treatment. Yet, there is no evidence that any of these treatments are effective. As a result children, women of all sizes and increasing numbers of men suffer from an intense fear of fat that plays havoc with their self-esteem and promotes disordered eating and exercise behavior. Incorporating the latest research, this presentation will explore the social, political, economic and scientific foundations of the War on Obesity. The philosophical and scientific basis of an alternative, evidence-based approach for helping people with weight- and eating-related concerns to improve their self-care, self esteem and health will be introduced.

2.A. Self-Compassion: Working with Body Image, Disconnection, and Shame

1:30-3:00PM

Presenters: *Stephanie Diamond, Ph.D. and Karin Lawson, Psy.D.*

This workshop defines the concept of self-compassion and explore the ways that the practice of self-compassion can be used to shift from our clients self-criticism to self-kindness, from isolation to getting in touch with their humanness, and from over-identification to mindfulness. Participants will learn various strategies to foster self-compassion, and will understand their application to commonly seen difficulties that our eating disorder clients struggle with, such as body image dissatisfaction, deep shame, and feelings of disconnection. Why self-compassion is especially important for those struggling with eating disorders will be discussed. The latest empirical research on the topic of self-compassion as it relates to eating disorders, coping, and overall psychological functioning will also be reviewed.

Friday Workshops

2.B. Eating for 2? Disordered Eating and Body Image During the Transition to Motherhood

1:30-3:00PM

Presenter: *Anne Welsh, Ph.D.*

These days, magazine headlines frequently promise pictures of new celebrity “bumps,” the new born child, and, of course, the celebrity herself, often just weeks after giving birth she has returned to her slim figure and appears perfectly pulled together. Given the biological reality of pregnancy and birth, and the numerous changes that come with new motherhood, these magazine stories seem unrealistic; however, in a culture that values thinness in women, it is not as surprising as it may seem. Postpartum women might feel surprise and shame when they cannot return to their pre-pregnancy shape and weight. This presentation will discuss the biological, psychological, and social factors involved in the transition to motherhood, as well as the subsequent impact on body image, weight and the potential development of disordered eating. Through a review of literature, original research and case material, attendees will gain a more nuanced understanding on the role of disordered eating during this important period in many women’s lives.

2.C. Drunkorexia and Drunkobulimia—Eating Disorders and Substance Use Disorders Occur Together

1:30PM-3:00PM

Presenter: *Kevin Wandler, MD, CEDS, ABAM*

Females with a substance use disorder have five times the prevalence of eating disorder than in the general population, and those with eating disorders have an eight times greater use of substances than the general population. There is a medical basis suggesting that the binge/purge and restricting behaviors of eating disorders have “addictive” qualities. There are similar co-morbid conditions for both disorders, including depression, anxiety and traumatic life experiences. Questions to be answered in this presentation include: What diagnosis does a treatment provider address first? What settings are equipped to treat those with dual eating disorder and substance abuse diagnoses? What are the similarities and differences between eating disorders and substance use treatments and recovery?

3.A. Stories of Survival: Jewish Culture, Eating Disorders and Children of Holocaust

3:15-4:45PM

Presenters: *Wendy Oliver-Pyatt, MD, FAED, CEDS; Johanna Kandel, BA; Melissa Orshan Spann, Ph.D.; Deborah Marton, Psy.D*

Through this unique presentation, seasoned clinicians will examine the intersection of eating disorders and the Jewish community. Participants will gain insight to the onset and development of eating disorders and body image disturbances within the context of a Jewish community framework. Particular focus will be on the impact of trans-generational trauma on the development of eating disorders. First-hand accounts of the impact of being a child of a holocaust survivor will be shared by Johanna and Wendy.

3.B. Inspire an Even Better Clinician in Yourself—Practical Skills from a Spiritual Lens that Help Fight Burnout

3:15-4:45PM

Presenter: *Caroline Balz, LMHC*

Based on Gabrielle Bernstein’s work and Kundalini Maters’ 5 Sutra, become inspired to do amazing work. The 5 Sutras are: 1) Show up more, listen more. 2) The other person is you. 3) There is a way through every block. 4) When the time is on you start and the pressure will be off. 5) Understand through compassion or you will misunderstand the time. The presenters will work to make each sutra relevant to the practice of psychotherapy and help members of the audience look deeper within themselves for a revitalized self and therapeutic relationship with their clients. Real time meditations and exercises will be given to help clinicians add to their toolbox of skills. This workshop will give you the tools you need to be more authentic in your work and feel more emotionally energized to give to your clients.

3.C. Tweens with Eating Disorders: Caught in the Developmental Crossfire

3:15-4:45PM

Presenter: *Cris Haltom, Ph.D., CEDS*

Puberty and emerging adolescence are well-documented vulnerability factors for eating disorders in children. Yet parents of tweens often miss early eating disorder signs that are easily disguised as idealistic health consciousness and seemingly harmless experimentation with new and different forms of dieting and exercise. Once diagnosed, eating disorders in this population are both surprising and challenging for families as they tackle the rigors of family-centered treatments for eating disorders. This workshop will use didactic and interactive approaches to focus on the path into and out of eating disorders for preadolescents using developmentally adapted family-centered treatments.

Saturday Workshops

Keynote Address: *How to Win the Insurance Authorization Game*

9:00-10:45AM

Presenters: *Stacey Brown, RN, Jennifer Tolman, Ph.D.*

Most eating disorder treatment in the U.S. is covered by insurance. Healthcare providers, patients and their families must effectively interact with insurance companies in order to authorize healthcare benefits eating disordered patients depend upon for care. Unfortunately, few providers, patients, or families have formal training in how to effectively achieve insurance authorization. When treatment authorization fails, providers suffer significant financial consequences and their patients are denied critical treatment to which they are entitled. This workshop will help providers best obtain and maintain insurance authorization for patient care. Common authorization problems will be identified and solutions will be provided. Interactive case studies from the clinical, insurance and legal domains will be used to deepen understanding of this critical process.

General Session II. *From the Science to the Session*

10:30AM-11:45AM

Presenters: *Carolyn Costin, M.Ed., MFT and Ralph Carson, Ph.D., RD*

How do the scientific findings influence therapeutic dialogue and strategies? How do leading clinicians put the latest research into action? How are complex ideas explained to the patient? Where do clinicians agree and disagree on the interpretation of findings and how does this effect their work with patients? Two leading eating disorder experts will discuss how they bring the science to the session in their work with eating disorder patients including topics such as the brain, body image, set shifting, family work, attachment, meditation, mindfulness, and more. Questions, challenges and interactive dialogue are welcome.

General Session III. *The State of the Field: A 35 Year Reflection on Understanding and Treating Eating Disorders*

Presenter: *Craig Johnson, PhD.*

12:45-2:00PM

This presentation will review the evolution of the field of eating disorders over the last three decades. Specific topics will include: The role of family in the recovery process; the state of evidence based psychotherapies; what we have learned about the course of illness and outcome; the imminent challenge of caring for the chronically ill patients; and how genetics and brain-based research is informing new treatment.

General Session IV. *Collaboration in Crisis: Multidisciplinary Decision Making During Medical/Mental Health Emergencies*

Presenters: *Bethany Block, M.D. and Judith Feldman, M.D.*

2:15-3:30PM

Therapists, dietitians, parents, coaches, family members, friends, and sufferers all need to know how the body shows when it is in trouble from an eating disorder. This workshop is an illuminating discussion of how and why the body reacts to the eating disorder, with many clinical examples and information that will be taught so all can understand.

Endnote. - *Bringing Clarity to Complexity: A Treatment Model of Attachment in Eating Disorders*

3:45-5:00PM

Presenters: *Jim Gerber, Ph.D. and Nicole Siegfried, Ph.D., CEDS*

This workshop will provide attendees with a treatment map for eating disorders that provides navigational tools for examining and repairing attachment disruptions that may contribute to eating disorder symptoms. The map includes three phases of treatment, including symptom stabilization, in-depth processing of the development and function of symptoms from an attachment perspective, and an integration toward true transformation and the development of a quality life based on internalized values. This didactic and experiential presentation will include guidance in case conceptualization and will provide interventions with video excerpts of client examples.

Presenter Bios

Caroline Balz, LMHC

Caroline is passionate about MEDA's Mission. She previously was the Board Chair at MEDA and now serves as a member-at-large. Professionally, Caroline maintains a private practice in Newton, MA, specializing in eating disorders and addictions. Caroline earned her Master's Degree in Organizational Psychology from Columbia University and a Master's in Counseling from the University of Massachusetts, Boston. After graduating from undergraduate at Connecticut College, Caroline worked as a Management Consultant at Sibson and Company in New York City. Between Master's degrees she worked at Dedham Country Day School as the Assistant Director of Development. She worked on all levels of care at Walden Behavioral Care and at Emerson House, which is part of Gosnold. Caroline is a member of American Counseling Association (ACA); Psi-Chi—The National Honors Society for Psychology; The Women's Educational and Industrial Union and The Vincent Club. Caroline also serves on the Board of the Weston Children's Association. Caroline practices yoga on a regular basis. Married for thirteen years, Caroline and her husband, Bill, have two sons.

Chase Bannister, MDiv, LCSW, CEDS

Chase Bannister is Vice President and Chief Clinical Officer of Veritas Collaborative, a specialty behavioral health hospital for young people with eating disorders, offering inpatient, acute residential and partial hospitalization services. He is credentialed as a Certified Eating Disorder Specialist, has served on Duke University's Eating Disorders and Body Image Concerns Treatment Team, and developed the clinical program of Carolina House, a residential treatment center for women with eating disorders. Chase regularly travels the U.S. to train medical providers, private practice groups, schools, managed care organizations, and college/university counseling center staffs on best practices in eating disorder treatment. He holds membership in IAEDP, AED, the Eating Disorders Coalition, the Residential eating Disorders Consortium, the Association for the Education of Children with Medical Needs. He serves as Board Vice President of Mental Fitness, Inc. Chase is recently featured in *Beneath the Floorboards*, a documentary film exploring the profound impact of weight stigma upon individuals living in larger bodies.

Bethany Block, MD

Dr. Bethany Block, an internist in Chestnut Hill, Massachusetts is affiliated with multiple hospitals in the area, including Brigham and Women's Faulkner Hospital and Brigham and Women's Hospital. She received her medical degree from Harvard Medical School, has been in practice for 26 years, and is recognized as a regional expert in the care of patients with eating disorders. Dr. Block receives referrals from psychiatric experts in the field from the greater Boston area for the medical management of their patients. Dr. Block is also a member of the Brigham and Women's Hospital faculty in the Division of Women's Health in the Department of Medicine, teaches at Boston University, and has taught at M.I.T. Over the course of her career Dr. Block has developed protocol for the inpatient management of medically unstable eating disorder patients, which allows for appropriate medical as well as psychiatric and nutritional care of these complex patients.

Stacey Brown, RN

Ms. Brown currently serves as Director of Nursing and Utilization Review at Avalon Hills Eating Disorder Treatment Program. Ms. Brown has practiced as an Intensive Care/Critical Care nurse and has worked in a cardiac catheterization lab and emergency room. She currently oversees all aspects of the nursing department as well as insurance precertifications, concurrent authorizations, appeals, external reviews, and clinical collaboration with legal counsel when insurance litigation becomes necessary. Ms. Brown has been instrumental in helping Avalon Hills build their nursing department, obtain Joint Commission accreditation, and develop a state-of-the-art utilization review model.

Ralph Carson, Ph.D., RD

Dr. Carson has been involved in the clinical treatment of addictions and eating disorders for over 35 years. His background in health science and medicine (BS Duke University, BHS Duke University Medical School) coupled with nutrition and exercise (BS Oakwood College, Ph.D. Auburn University) has prepared him to integrate neuropsychobiological intervention and proven psychotherapeutic treatment. Dr. Carson honed his skills in communication and often-complicated science into enjoyable, practical and informative workshops. He has consulted with numerous addiction and eating disorder treatment centers throughout the country, Dr. Carson has also developed several eating disorder programs and corporate wellness programs. He is an active board member the IAEDP and Binge Eating Disorder Association. Working with Academy Medical Systems, he developed workshops for professional groups throughout the country on topics such as exercise therapy, sports nutrition, lifestyle practices, good health and the brain: "Harnessing the Healing Power of Fruits" and the recently published "The Brain Fix: What's the Matter With Your Gray Matter."

Carolyn Costin, M.Ed., MFT

Carolyn Costin is a highly respected and experienced clinician, a dedicated educator and a recognized agent for change in the field of eating disorders. Recovered herself, Carolyn pioneered the concept of being fully recovered. Costin is the Founder and Director of Monte Nido & Affiliates, attracting clients from all over the world. She is an international speaker acclaimed for her expertise, energy and enthusiasm. Costin's books, *8 Keys to Recovery from an Eating Disorder*, *100 Questions and Answers About Eating Disorders*, *The Eating Disorder Sourcebook*, and *Your Dieting Daughter* have helped professionals, sufferers and their families, understand, prevent and treat eating disorders.

Stephanie Diamond, Ph.D.

Dr. Stephanie Diamond is a licensed psychologist and Clinical Director at Oliver-Pyatt Centers, who received her doctorate in counseling psychology from the University of Miami and has a master's degree in the same discipline from McGill University in Montreal, Canada. Dr. Diamond's clinical and research interests include women's issues in general, and eating disorders in particular, as well as comorbidity and personality style. Prior to working as Clinical Director, she completed her post-doctoral fellowship at Oliver-Pyatt Centers, after her earlier career as a therapist at the McGill University Eating Disorder Program. As a clinical leader at Oliver-Pyatt Centers, she is known for her psychodynamic understanding, and her capacity to both connect with and form deep attachments with her patients, while encouraging growth and efficacy.

Lisa Du Breuil, LICSW

Lisa Du Breuil is a clinical social worker who treats people dealing with addictions, eating disorders and other dual diagnosis issues, including behavioral and emotional problems after bariatric surgery, at an outpatient clinic in Boston, MA. Having graduated from Boston University's School of Social Work in 1996, Lisa practices from a Health At Every Size perspective and particularly enjoys introducing people to the HAES tenets as part of their journey to good self care.

Jennifer Gaudiani, MD, CEDS

Jennifer L. Gaudiani is the Assistant Medical Director of ACUTE and is an Associate Professor of Medicine at the University of Colorado School of Medicine. She oversees the clinical, strategic, and administrative management of ACUTE, attends on the service, and maintains engagement with the patients when not attending clinically. Dr. Gaudiani completed her undergraduate work at Harvard College, earned her medical degree from Boston University School of Medicine, and completed her residency and chief residency in Internal Medicine at Yale. Dr. Gaudiani has published extensively on the medical complications of eating disorders and has lectured nationally and internationally, most recently as the 2013 featured speaker, sponsored by the Australia and New Zealand Academy of Eating Disorders (ANZAED), for a multi-city lecture tour in both these countries.

Jim Gerber, Ph.D.

Dr. Gerber earned a Master's degree in art therapy and counseling at Southern Illinois University, Edwardsville. He earned his Ph.D. at Saint Louis University in counseling and family therapy. Dr. Gerber has worked extensively with adults and adolescents in a variety of clinical areas including sexual and marital dysfunction, family therapy, sexual abuse, trauma, and compulsivity. He has published and presented papers on sexual aggression, sexual abuse, and trauma. Dr. Gerber has worked at Castlewood since 2000 as a primary therapist and facilitates individual and group therapy. In December of 2012, he assumed the position of Clinical Director at Castlewood Treatment Center for Eating Disorders.

Cris E. Haltom, Ph.D., CEDS

Dr. Haltom is a Certified Eating Disorder Specialist (CEDS). She is also a Certified Family-Based Treatment therapist. Dr. Haltom has treated eating disorders in both a hospital setting and, for the past thirty years, in private practice. She is an author and an experienced conference presenter at major eating disorder conferences in the U.S. and internationally. In addition, Dr. Haltom was the Community Education and Prevention Liaison for the Western New York Comprehensive Care Centers for Eating Disorders from 2005-2011.

Craig Johnson, Ph.D.

Craig Johnson has been a leader in the field of eating disorders for more than 30 years. Dr. Johnson is the Chief Clinical Officer of Eating Recovery Center in Denver, Colorado. He is a Clinical Professor of Psychiatry at the University of Oklahoma Medical School and has formerly held faculty appointments at Yale University, University of Chicago and Northwestern University Medical Schools. He was the Founding Editor of the *International Journal of Eating Disorders*, as well as a founding member of the Academy for Eating Disorders and the Eating Disorders Research Society. He is also past President of the National Eating Disorders Association. Dr. Johnson has authored three books, more than 70 scientific articles and has been the recipient of several distinguished contribution awards.

Johanna Kandel, BA

Johanna Kandel is the founder and CEO of The Alliance for Eating Disorders Awareness and author of *Life Beyond Your Eating Disorder* (Harlequin). She is the current President of the Board of Directors for the Eating Disorders Coalition, a Special Consultant to The Renfrew Center Foundation, a founding board member of the Eating Disorders Activist Network, an advisory member of Fed Up Inc., and a board member/Expert Advisory Committee member for Girl Future. She is an active participant in National Eating Disorders Awareness Week, and has received many awards for her ongoing outreach and advocacy work, including the Jefferson Award for Public Service and Harlequin Enterprises' More Than Words Award. Johanna has appeared on national television programs including NBC Nightly News and The Today Show, and profiled in the New York Times and Glamour Magazine.

Karin R. Lawson, Psy.D.

Karin R. Lawson, licensed clinical psychologist, is a Clinical Director at Oliver-Pyatt Centers in South Miami, Florida. Her previous work with eating disorders includes coordinating the Embodied Living program at the Institute for Girls' Development in Pasadena, California, serving as the Eating Disorder Program Coordinator at UC-Davis Counseling and Psychological Services, as well as working as a counselor at The Renfrew Center's residential program in Coconut Creek, Florida.

Jennifer Lombardi, MFT

Jennifer Lombardi, MFT, serves as Executive Director for Eating Recovery Center of California, a Sacramento-based program dedicated to the prevention and treatment of eating disorders. During her tenure, she has served in numerous roles including Chief of Admissions Officer, primary therapist and Director of Marketing and Outreach. Prior to her work in the field of eating disorders, Jennifer worked for nearly ten years in the field of public relations. She has extensive experience in crisis communications and media relations, and has served on numerous boards and committees for both private and public agencies. Jennifer attended California State University, Sacramento, for undergraduate and graduate school. Recovered herself from Anorexia for more than 18 years, Jennifer lectures extensively on the topics of eating disorders and body image issues to adolescents, parents and professionals.

Deborah Marton, Psy. D.

Deborah Marton is a licensed clinical psychologist who received her doctorate degree from Yeshiva University's Ferkauf Graduate School of Psychology in New York City. She completed her clinical residency at the Department of Clinical Services at the Center for Applied Psychology in Monsey, New York where she specialized in women's mental health and in treating the Ultra-Orthodox and Hasidic Jewish population. In her current role as a primary therapist at the Oliver-Pyatt Centers, Dr. Marton works closely with women who are suffering from a range of eating disorders to help them attain recovery. In addition to her clinical work, Dr. Marton is an adjunct professor at Touro College South and she has previously taught in the Psychology Department at Stern College for Women.

Beth Mayer, LICSW (Course Director)

Beth Mayer, LICSW, the Executive Director of the Multi-Service Eating Disorders Association, has been working in the eating disorders field for 30 years. She is nationally recognized for her clinical work with eating disorders and has spoken at conferences around the country. Prior to her tenure at MEDA, she was the Program Director of three community-based adolescent programs for Riverside Community Care and Executive Director of Travelers Aid Society of Boston. In addition to eating disorders, Beth specializes in addictions, sexual abuse, clinical depression and dissociative disorders. Beth has served as an adjunct professor at Simmons College, Boston University, Boston College, Lesley University and Salem State College, supervising MSW and LMHC graduate student interns. Beth holds a B.S. in Clinical Psychology from Quinnipiac University and a Master of Social Work Degree from Boston College. Beth is currently the Co-Chair of the NEDA Network, and is on the board of the Massachusetts Chapter of IAEDP and AED. Most recently, Beth joined Newton Cares, a Newton-based advocacy group.

Wendy Oliver-Pyatt, MD, FAED, CEDS

Dr. Wendy Oliver-Pyatt, a Co-Founder of Oliver-Pyatt Centers received her specialty training at New York University-Bellevue Hospital in New York City, where she served as Chief Resident. She has held faculty positions at New York University, Albert Einstein School of Medicine and University of Nevada School of Medicine. Prior to founding Oliver-Pyatt Centers, she founded Center for Hope of the Sierras. She served as the Medical Director for the State of Nevada division Mental Health and Disability Services, Medical Director and Chief of Staff of Northern Nevada Adult Mental Health and has received senatorial recognition for her commitment to the mental health community. She co-authored the Academy for Eating Disorder's Guidelines for Childhood Obesity Prevention Programs. Her book, *Fed Up! The breakthrough Ten Step No Diet Fitness Plan*, written to prevent dieting and disordered eating, has been featured in a variety of national publications. She has given presentations and interviews throughout the country, and was featured on WebMD. Dr. Oliver-Pyatt is a Fellow of the Academy for Eating Disorders and is a Certified Eating Disorder Specialist. She is an active member of the National Eating Disorders Association, and serves on the Board of Directors of the International Association of Eating Disorders Professionals and the Binge Eating Disorder Association.

Melissa Orshan Spann, Ph.D.

Melissa Orshan Spann is a licensed clinician and is currently the Director of Outpatient Services at Oliver-Pyatt Centers in South Miami, Florida. Previously, her work has included serving as a primary therapist at OPC, The Renfrew Center and Life Counseling Services in Radnor, Pennsylvania. Dr. Spann specializes in working with women in areas of trauma and body image. She has presented nationally on topics related to girls, women and positive body image. Previously, Dr. Spann served as the Senior Consultant

Melissa Orshan-Spann, Ph.D

Throughout the past decade, Dr. Spann has provided therapy to adolescents, adults, couples and families. Dr. Spann is an experienced therapist, facilitator and educator. Her focus is on adolescent development, women's health, eating disorders, and mood disorders. Dr. Spann earned her Doctor of Philosophy degree from Drexel University, Masters in Mental Health Counseling from University of Miami and B.S. from University of Florida.

Jon Robison, Ph.D., MS

Jonathan Robison holds a doctorate in health education/exercise physiology and a master of science in human nutrition from Michigan State University where he has been teaching for 20 years in the Nutrition and Physiology Departments as an Adjunct Assistant Professor. Dr. Robison is also adjunct Associate Professor at Western Michigan University where he teaches in the Holistic Health Care Program. He has authored numerous articles on a variety of health-related topics and is a frequent presenter at conferences throughout North America.

Rachel Taylor Rood, MS, RD, CD

Rachel Rood has been one of the dietitians at Avalon Hills since 2009, working with both adolescent and adult clients. During this time she has focused on promoting and guiding clients towards Intuitive Eating. Rachel regularly presents in nutrition classes at Utah State University on eating disorder awareness, and the role of dietitians in treatment and prevention strategies. She acts as a preceptor for USU dietetic student interns. Rachel also speaks with local youth groups to promote Intuitive Eating concepts especially among pre-teen and adolescent girls.

Nicole Siegfried, Ph.D., CEDS

Nicole Siegfried, PhD, CEDS is a licensed clinical psychologist and Certified Eating Disorder Specialist. She previously served as Clinical Director for a national treatment center for eating disorders. She was an Associate Professor of Psychology at Samford University and is currently an Adjunct Associate Professor at UAB. She is an international presenter in the field of eating disorders and suicidality. She is a member of AED and Co-Chair of the Suicide AED Special Interest Group. Dr. Siegfried has more than 15 years of experience working with patients with eating disorders and helping to transform their lives. She is currently working with Castlewood Treatment Center and affiliates as Clinical Director for the Highlands Treatment Center for Eating Disorders in Birmingham, AL. As the Clinical Director, Dr. Siegfried is committed to the Castlewood Philosophy of in-depth individualized treatment for the underlying symptoms and co-occurring disorders related to the eating disorder

Jennifer Tolman, Ph.D

Jennifer Tolman, Ph.D is clinically trained as a Psychologist and works as Director of Specialty Services at Avalon Hills Residential Treatment Program in Logan, UT. Dr. Tolman works with patients, families and outpatient treatment teams, to ensure seamless care as patients step down from residential care to lower levels of care. She directs patient follow-up and provider relations associated with the Avalon Hills *Treat to Outcome Philosophy*. She oversees the legal advocacy at Avalon Hills, in an effort to ensure patients receive the benefits of Mental Health Parity laws and insurance coverage. She also has a small private practice in Eugene, Oregon in which she specializes in the treatment of high-functioning women with BED and other eating disorders. She serves as a Board Chair for the Columbia River Eating Disorder Network (CREDN).

Kevin Wandler, MD, CEDS, ABAM

Dr. Kevin Wandler has been the Medical Director of Remuda Ranch Treatment Centers for over 16 years. He specializes in the treatment of women with eating disorders and co-occurring conditions. He is Board Certified in Psychiatry; has added qualification from the American Board of Psychiatry and Neurology in Addiction Medicine; and is a ABAM certified. Dr. Wandler is a Certified Eating Disorder Specialist (CEDS). He is a Courtesy Professor in the Department of Psychiatry at the University of Florida, the Founder of the University of Florida-Eating Disorder Recovery Center and the Founder of the Recovery Village. Dr. Wandler has been working in Substance Abuse for over thirty years and Eating Disorders for over eighteen years. Dr. Wandler presents fre-



Who Is Invited?

MEDA welcomes eating disorder specialists and non-specialists to take part in the 2014 Conference. Certain workshops are designed to meet the needs of advanced professionals and others are targeted to a more general audience.

Accreditation

MEDA has applied for Continuing Education Credits for LICSW's, RD's LMHC's, MDs, PhDs and RNs

The total amount of CEU accreditation credits available for this year's conference is 15.5 credit hours.

Please refer to our conference website for more details on accreditation. www.etches.com/medaconference2014

Thursday Clinical Intensive—3 CEUS available

Physicians

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of McLean Hospital and MEDA. McLean Hospital is accredited by the ACCME to provide continuing medical education for physicians. McLean Hospital designates this live activity for a maximum of 3 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Psychologists

This program is co-sponsored by McLean Hospital and MEDA. McLean Hospital is approved by the American Psychological Association to sponsor continuing education for psychologists. McLean Hospital maintains responsibility for this program and its content. This offering meets the criteria for 3 C.E. hour(s) for psychologists. For more information please email Rbenson@medainc.org.

Registered Nurses

This program meets the requirements of the Massachusetts Board of Registration in Nursing (244 CMR 5.00) for 3 contact hours of nursing continuing education credit. Advance practice nurses, please note: Educational activities which meet the requirements of the ACCME (such as this activity) count towards 50% of the nursing requirement for ANCC accreditation.

Dietitians

This program has been approved by the Commission on Dietetic Registration for 3.0 CPEUs.

Social Workers

This program has been approved by the National Association of Social Workers (Approval # 886416155- 8566) for 3.0 Clinical Social Work continuing education contact hours.

Mental Health Counselors

This program has been approved by MAMHCA for up to 3.0 continuing education units.

Friday and Saturday Sessions— 6.25 CEUS available each day, 12.5 CEUS for both days

Physicians

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of McLean Hospital and MEDA. McLean Hospital is accredited by the ACCME to provide continuing medical education for physicians. McLean Hospital designates this live activity for a maximum of 12.5 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Psychologists

This program is co-sponsored by McLean Hospital and MEDA. McLean Hospital is approved by the American Psychological Association to sponsor continuing education for psychologists. McLean Hospital maintains responsibility for this program and its content. This offering meets the criteria for 12.5 C.E. hour(s) for psychologists. For more information please email Rbenson@medainc.org.

Registered Nurses

This program meets the requirements of the Massachusetts Board of Registration in Nursing (244 CMR 5.00) for 12.50 contact hours of nursing continuing education credit. Advance practice nurses, please note: Educational activities which meet the requirements of the ACCME (such as this activity) count towards 50% of the nursing requirement for ANCC accreditation.

Dietitians

This program has been approved by the Commission on Dietetic Registration for 12.5 CPEUs.

Social Workers

This program has been approved by the National Association of Social Workers (Approval # 886416155- 8566) for 12.5 Clinical Social Work continuing education contact hours.

Mental Health Counselors

This program has been approved by MAMHCA for up to 12.5 continuing education units.

Room Rates and Reservations

The following special room rate is being offered to MEDA guests by the Needham Sheraton Hotel: \$159.00 single/double.

Reservations must be made by April 10, 2014 for this rate to apply. To make your reservation online click the link below or call 1-800-325-3535 and use the group code MEDA. <https://www.starwoodmeeting.com/Book/MEDA>